

news

news from the trunk

Thursday, January 28th 2016



Photo Booth



Traditional Food



Donkey Rides



Coffee/Tea



Henna



Hair Braiding



Souk



SUDAN DAYS

2nd, 3rd & 4th of February

SUDAN DAYS AT KAS ARE COMING!

Don't miss this wonderful experience of seeing and being a part of the Sudan culture

February 2, 3, 4 on the KAS Campus

Dear Parents and Guardians,

This past week was 'Spirit Week' at KAS. As Leena Salih, KAS Student Support Services Teacher, wrote in last week's E-News, the purpose of Spirit Week is to build positive attitudes about our great school. Spirit Week improves communication between and among faculty and students. It builds a sense of 'KAS Pride and Ownership'. This past week the students were invited to have fun on 'Pajama Day', 'Favorite Character Day', 'Dress Up Day', 'Mismatch Day', and 'Class Colors Day'. The children and faculty enjoyed the week. As anticipated, they had fun!

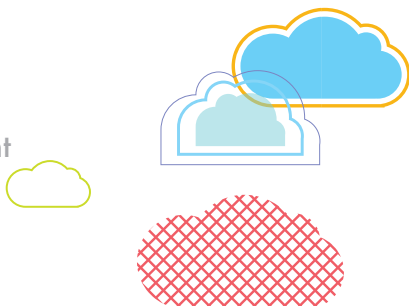
Research has shown that among variables that improve learning is the concept of play and having 'fun'. It has been said that the 'work of children' is to play. It may seem odd to think of play as the work of children. However, by simply observing students at play, one can see that as they play they learn many important lessons. For example, they learn the importance and benefits of: cooperation, collaboration, individual and group persistence, innovation and creativity, empathy, and setting personal behavioral limits; and, they learn the benefits of trial and error. By design, the daily schedule at KAS builds-in periods when children can play and meet to chat with other children. We purposely add to the yearly school calendar school-wide fun activities such as Spirit Week.

Spirit Week was successful in bringing the children and faculty together to build positive attitudes about our school. Spirit Week gave practical meaning to our belief that children learn through creative and active participation in well-organized fun activities. We are a school where children are learning every day through meaningful lessons taught in the classroom and on the sports field. And we are a school where purposeful play and fun take place in a secure and caring learning environment.

I wish you a pleasant weekend with your family.

Sincerely,

Dr. Rob Beck
Superintendent



Spirit Week

KAS students and teachers participating in Spirit Week



The Key to Success

As students, teachers, and parents, we all have our share of stress. This comes from homework, tests, work, and sometimes even each other. Stress is a very strong factor in weakening our immune system. Stress can be the cause of a fallout with friends, losing motivation, or even losing our jobs. These factors of stress may never go away, because stress is a normal part of life, but the way we handle stress factors and prevent stress from overwhelming our lives can make a difference. Having someone to talk to when you are worked up can be a major key to success. Another one is exercise. When we exercise our bodies release the "feel good" hormones that make coping with stress a bit easier. Having a regular exercise routine has many positive outcomes.

1. Relieves mental stress
2. Boosts the immune system
3. Increases energy levels
4. Decreases outbursts (due to built-up emotions)
5. Organizes and gives structure to your life.
6. Last but not least and the most important key to success is water



Khalid Abdeltam
High School Science Center Teacher

Dear Parents and Friends,

It was wonderful seeing so many of you today at the 4Cs Awards Assembly for Middle and High School. It is always a pleasure to celebrate with our students their success.

Preparations for Sudan Days are in full swing. Sudan Days will be held next week on February 2, 3, and 4. Sudan Days are an excellent way of celebrating our host country. Students will have the opportunity to experience the traditions and the rich culture of Sudan.

On February 2nd and 3rd there will be Sudanese food, henna tattoos, donkey rides, tie dye, hair braiding, and a photo booth where students will have the opportunity to dress up in Sudanese national dress and have their picture taken, as well as several other activities. Students in Preschool through Grade 12 will have scheduled opportunities to participate in these activities during the school day.

There will also be a souk, which will be accessible for the parents on all three Sudan days. Please feel free to stop by and shop. Also, please consider sending in some money with your children so that they are able to shop with their classes.

On Thursday, February 4th, there will be normal classes until lunch and after that there will be a Sudan Days Performance. The Sudan Days Performance will consist of a performance by our students and teachers followed by a performance by the famous Nubian Wrestlers. Nubian wrestling is an ancient ritual and sport. It is a real craft that is comparable to a martial art. The performance will start at 1:00pm and it is for both students and parents.

We are all looking forward to Sudan Days!

Susan Boutros

Middle and High School Principal

NEWS FROM THE SPORTS DEPARTMENT



Monday February 1
3:30 p.m.

Hanro van der Merwe
Athletic Director



Last Week's Riddle

I am taller than the tallest tree, higher than mountains, as low as the sea, I can crush houses, but you can still control me.

Answer: The Air

This Week's Riddle

What walks on four legs in the morning, two legs in the afternoon, and three legs in the evening?

Answer: The human being, who, as a baby (the morning of life) goes about on all fours, until he learns to walk, when he goes about on two legs in the afternoon of life, and in old age (the evening of life) requires a cane to support himself (three legs).

Math & Riddle Master

Last Week's Winners



Ahmed Adani
Grade 1

Abdulrahman Mojmammi
Grade 2

Mohamed Osman
Grade 4

This Week's Winners



Jashua Iskandar
Kindergarten

Murad Ali
Grade 1

Kishan Ghetia
Grade 5

"A good beginning makes a good end" – English Proverb

This saying has very much been true for me in the first part of this year. In the second week of January I attended an educational conference in Budapest, Hungary on how to continually improve our support of English language learners. This course was a real eye opener for me. Not only did I learn new strategies to improve academic achievement for English learners, I was reminded how challenging learning English can be for our students. The challenge appears to be rooted in what it means to "learn English" in school. Academically successful English learners do not simply learn to manage their everyday lives in English-speaking contexts, they also learn "to negotiate multiple academic environments, make sense of complex content, articulate their understanding of that content in academic forms, and assess their own growing understanding. That is, they learn to use 'academic language.'" (H.Gary Cook)

During the conference we had the opportunity to discuss and answer essential questions such as: What does it mean to be "English proficient"?, How long does it take English learners to reach this status?, and many more. Overall, we all agreed that reaching language proficiency takes time and requires attention to students' linguistic, cultural and academic needs.



Ismail



Syahmi



Farhad

Therefore, I would like to commend Farhad grade 3, Ismail grade 4, and Syahmi grade 6 for working extremely hard and achieving a high level of English proficiency. Well done!

Salma Saeed
Elementary/ Middle School ESL Teacher



SAYING OF THE WEEK

“A **Doss House** is used to describe living accommodation that is basic in the extreme, and a Doss is an unkind word used to describe somebody living there or in any other cheap, temporary place. The phrase is traced back to Elizabethan England during the late 16th century when a basic straw bed was known as a 'doss', taken from the French word 'dossel' meaning bundle of hay. Farmers and other landowners would rent out straw beds in barns, or other basic shelters, to the homeless and these places, lined with 'dossels', were known as doss houses.”

Minette van der Bijl
High School/Middle School English Department

